

FAGSEMINAR OM FAMILIEFOKUSERT PRAKSIS:

Family Focused Practice in Mental Health and Substance Abuse Services

Ahus: 19.02.2018 (8.30- 15.00) Auditoriet NN05

8.15: Registration, coffee & tea

8.30- 8.45: Welcome/ Bente Weimand

8.45- 9.15: Torleif Ruud: What do crisis resolution teams know about the children of their patients?

9.15-9.45: Anne Grant: Health and Social Care Professionals' Family Focused Practice in Northern Ireland.

9.45-10.15: Bente Birkeland: Quality of life in partners of patients in the health services: why does it matter?

10.15-10.30: SHORT BREAK

10.30-11.00: Andrea Reupert: "MI spot: an online intervention for young people".

11.00- 11.30: Rose Cuff: Peer support and mentoring among children and teenagers experiencing parental mental illness

11.30-12.00: Anne Faugli & Bente Weimand: A life in captivity: violated and left alone, trying to survive – children with lived experiences of parental substance abuse

12.00-12.45: LUNCH

12.45- 13.15: Darryl Maybery: Helping parents with a mental illness: a stepped care framework.

13.15-13.45: Kim Foster: Strengthening relational recovery through family-focused practices.

13.45-14.00: SHORT BREAK

14.00-14.30: Bjørg Eva Skogøy: How can we improve implementation quality? A way forward.

14.30-15.00: Marius Sjømæling & Randi Talseth: Summary of the day



Professor Kim Foster, Professor of Mental Health Nursing, Australian Catholic University & NorthWestern Mental Health, Australia

Kim Foster is an internationally recognized Australian mental health nurse leader and academic. She currently heads a joint university/health service mental health nursing research unit in the largest public mental health service in Victoria, Australia. Kim began her work in the field of families where parents have mental illness with her Phd, which explored the experiences of adult children of parents with mental illness. In 2012 she was awarded a Winston Churchill Fellowship to investigate international programs for building the resilience of children and families where parents have mental illness. She has published extensively in the field of families where parents have mental illness. Her most recent work is focused on the mental health workforce and nurses' practices with families, and how they can be best supported to provide effective practice and help prevent intergenerational mental illness.



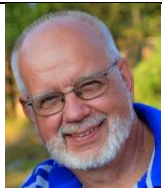
Professor Darryl Maybery is the Director School of Rural Health - Monash University Department of Rural Health and Professor Rural Mental Health Research, Monash University, Australia

Since 1999 Professor Darryl Maybery he has successfully; implemented on time and on budget over 45 research grants totalling over \$5 million, published 14 reports for government and other agencies, made over 100 conference presentations and key note addresses, coedited a book and written 15 book chapters, edited the Journal Rural Society and has over 75 peer reviewed journal publications. His central research area focuses upon vulnerable families, particularly with regard to the impact of parental mental health problems on children aiming to reduce the 'cycle of mental illness' in families. His research group is currently implementing a \$1,855,891 grant that is "Developing an Australian-first recovery model of parents in Victoria mental health and family services" project.



Dr. Anne Grant (PhD), is a lecturer in the School of Nursing and Midwifery at Queens University, Belfast, Northern Ireland, and a registered mental health nurse.

Dr. Anne Grant's research and clinical interests include parental mental illness, early interventions for families when parents have mental illness, and workforce capacity in relation to family-focused practice. Between 2010 and 2014 she conducted a national study in Ireland which examined mental health nurses' practice with parents who have mental illness, their children and families. Since 2014 she has work closely with the Health and Social Care Board (HSCB) in her contribution to the Northern Irish Think Family Initiative and is currently Primary Investigator for a study commissioned by the HSCB to examine health and social care professionals' family focused practice across Northern Ireland. She is a member of *Parent and Family Mental Health Worldwide* (The Prato Collaborative); an international network of researchers (across nursing, psychiatry, psychology, social worker and sociology) who engage in research to inform service delivery and support for families when parents have mental illness and/or substance misuse. She has a particular interest in promoting Health and Social Care Professionals' capacity to use The Family Model and is involved in two related projects, including developing an eLearning resource on The Family Model and promoting Social Workers' use of TFM in the Northern Irish context.



Professor Emeritus Torleif Ruud, at the University of Oslo, and Senior Researcher at Akershus University Hospital

Prof. emeritus Torleif Ruud has been head of the Research Department for Mental Health at Akershus University Hospital and Professor at the University of Oslo, and previously psychiatrist and head of a pioneering community mental health centre in rural Norway. He has been involved in many ways in development and evaluation of community and acute mental health services in Norway. He has published 100 scientific papers in peer review journals and many research reports. His research areas have been community psychiatry, quality and outcome of services, implementation of evidence based practices, user experienced with services, children with parental illness, group psychotherapy, acute treatment, crisis resolution teams, integrated care and assertive outreach to people with severe mental illness.



PhD-candidate Bjørg Eva Skogøy, Project manager and Master of Social work, Research dept. at Nordland Hospital, Norway.

Bjørg Eva Skogøy is a PhD candidate in the Norwegian multi-centre study on Children as relatives. She has extensive expertise within the field of children with parental mental illness and families with mental illness. Some of her interests are support for parents and young children, de-stigmatisation, implementation strategies, family focused practice, work-force training/ support, strategies to scale up interventions, and health policy.



Associate Professor Andrea Reupert (PhD), Director Krongold Centre, Monash University, Victoria, Australia

Dr. Andrea Reupert's research focuses on presenting the voices of parents and young people, who live in families where a parent has a mental illness, in terms of their experiences, needs and preferred supports. Working with people in recovery, her team has developed and evaluated various training resources for mental health workers, as well as interventions for families, including programs for fathers and young people. She is currently involved in various projects; one aims to incorporate parenting in recovery models, another aims to capture the unique as well as common issues for families, across different family types and diagnostic models. Dr. Andrea Reupert is working with the development of a theoretical construct of "family focused practice" that is grounded in practice and in the voices of family members, especially in different cultural settings and jurisdictions. A recent interest is around evidence based online interventions for young people.



Statewide Coordinator Rose Cuff for Families where a Parent has a Mental Illness (FaPMI) at The Bouverie Centre, Melbourne, Australia

Rose Cuff is the State-wide coordinator of the Families where a Parent has a Mental Illness (FaPMI) strategy. This strategy is an initiative of the Department of Health, Mental Health Drugs and Regions and The Bouverie Centre is the auspice organisation. Rose Cuff is an occupational therapist with additional qualifications in family therapy and dance therapy. She has worked, published, presented and developed programs and resources in the area of mental health for 27 years. For the past 18 years she has been a passionate advocate for children, young people and families where a parent has a mental illness. She has contributed to policy, program and resource development in Victoria, nationally and internationally in this field. Rose has published widely including contributing to books for children and health professionals working with these families.



PhD-candidate Bente Birkeland, the University of Agder, Norway, and researcher at Sørlandet hospital (Children's Best Interest, and Addiction Dep., research unit)

Bente Birkeland is a PhD candidate in the Norwegian multi-centre study on Children as relatives. She has extensive expertise within the field of substance abuse and families with mental illness and substance abuse. Some of her interests are Children of parents with severe illness, Substance use disorders and parenting, Quality of life, Transgenerational transmission of mental health implications and social costs, caused by parental substance use disorders.



Researcher PhD/ MD Anne Faugli, Division of mental health and addiction, Vestre Viken Hospital Trust, Asker, Norway.

Anne Faugli is an experienced child psychiatrist, supervisor and researcher. She is member of the Multicenter study project group, a collaboration project between five hospital trusts in Norway studying children as next of kin. Her research interests are child mental health, family well-being and children as next of kin. Her most recent interest is qualitative research.



Secretary General Marius Sjørmæling, NGO Children of Drug and Alcohol Abusers

Marius Sjørmæling is the initiator and Secretary General of the organization Barn Av Rusmisbrukere; BAR - Children of Drug and Alcohol Abusers, established in 2009. Marius grew up with a mother who suffered from drug addiction and mental illness, and subsequently has a width of knowledge and experience on the topic of children as next of kin. Through his adolescence as well as his long-term commitment on the field of drugs and mental health, he has acquired capabilities and competencies within the fields of child protection services, social services and the public health and welfare system as a whole. Marius Sjørmæling has extensive experience from representation in the health sector, particularly at the national level.



Secretary General Randi Talseth of the organization Adults for Children (Voksne for Barn)

Randi Talseth has led the development of, and headed the organization Voksne for barn – Adults for children – since 1992. She is the Vice Chairman of the regional center for child and adolescent mental health East- South since 2005 – designated representative for the Norwegian Ministry of Health. She has built the culture sector in the municipality context, has extensive experience from representation especially in the health sector and the children's' and family sector at international, Nordic, national and regional levels, development of social policy areas, collaboration – continuously. Randi Talseth has led and conducted numerous conferences; nationally and internationally, and headed/ participated in numerous national boards, programs and networks within the field of health, human services, and children at risk.



Associate Professor Bente Weimand (PhD), Oslo and Akershus University College, and Researcher at the R & D dept. at Mental Health Division, Akershus University Hospital.

Bente Weimand is a mental health nurse and an experienced lecturer in the field of mental health. Her research interests include impact of mental illness and substance misuse on children as relatives, parental mental illness, family wellbeing, workforce capacity to engage in family focused practice and strategies to promote meaningful and effective engagement of service users, carers and the public in practice/services, research and education. She has taken part in several studies in these areas, and is currently involved in two large multicenter studies, on implementation of key elements of family focused practice, and on families' experiences on heavy substance abuse. She also co-led the Norwegian Health Directorate's development of national guidelines for health professionals working with service users' relatives within Norwegian health-and care services, which were launched January 2017. Dr. Weimand is a member of various Scandinavian and international research networks that focus on children as relatives, parental - and family mental health.