

SYMPOSIUM

The 14th Ahus Colorectal Symposium

**Proctology and IBD surgery –
general aspects and hot topics**

January 22-23, 2026

Venue:

The Main Auditorium at Akershus University Hospital, Lørenskog



PROGRAM

Thursday January 22nd 10.00 – 17.00, IBD

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| 09.30 | Register | |
| 10.00 | Welcome | |
| 10.10 | Prediction and prevention in IBD: towards cure of the disease | Ignacio Catalan-Serra |
| 10.40 | Surgery first in IBD! | Willem Bemelman |
| 11.10 | Advanced Medical treatment in IBD, implications for surgery | Jørgen Jahnsen |
| 11.40 | Anastomosis with Crohn's: pro con KonoS, Side to side, End to end | Bemelman, Myrelid, Schultz |
| 12.20 | Lunch | |
| 13.20 | Extensive vs limited mesentery resection in Crohn's Disease – Case closed? | Mark Ellebæk |
| 13.50 | Acute severe colitis, when and how to do a colectomy in this setting | Pär Myrelid |
| 14.20 | Pouch outcomes over time, are we getting any better? | Maria Hermanson |
| 14.50 | Pouch design, my way is the right way! | Myrelid, Ellebæk, Schultz |
| 15.20 | Coffee | |
| 15.40 | Rectal stump in IBD, when and how to remove and when to surveil | Tba |
| 16.10 | Multidisciplinary team (MDT) case discussion | Myrelid, Jahnsen, Catalan-Serra, |
| 17.00 | Adjourn | |

Friday January 23rd 09.00 – 14.00, Proctology

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| 09.00 | Perianal abscess | Yngve Thorsen |
| 09.20 | Anal fistula – an overview over initial and definitive management | Phil Tozer |
| 09.50 | Autologous fat transplantation in Crohn's perianal fistula | Lilli Lundby |
| 10.20 | Coffee | |
| 10.40 | Haemorrhoids and anal prolapse | Steven Brown |
| 11.10 | Perianal fissures | Julia Haarklou |
| 11.30 | Lunch | |
| 12.20 | Fecal incontinence, what every surgeon should know | Steven Brown |
| 12.40 | Constipation and ODS, a case for surgery at all? | Johannes Schultz |
| 13.00 | Case discussion | Tozer, Brown, Lundby, Schultz |
| 14.00 | Adjourn | |

WELCOME!

Register with merete.helgeland@ahus.no

Fee 3500 NOK