

SYMPOSIUM

The 14th Ahus Colorectal Symposium

**Proctology and IBD surgery –
general aspects and hot topics**

January 22-23, 2026

Venue:

The Main Auditorium at Akershus University Hospital, Lørenskog



Photo: @UiO Øystein Hørgmo



PROGRAM

Thursday January 22nd 10.00 – 17.00, IBD

09.30	Register	
10.00	Welcome	
10.10	Prediction and prevention of IBD: towards a cure of the disease	Ignacio Catalan-Serra
10.40	Surgery first in IBD!	Willem Bemelman
11.10	Advanced Medical treatment in IBD, implications for surgery	Jørgen Jahnsen
11.40	Anastomosis with Crohn's: pro con KonoS, Side to side, End to end	Bemelman, Myrelid, Schultz
12.20	Lunch	
13.20	Extensive vs limited mesentery resection in Crohn's Disease – Case closed?	Mark Ellebæk
13.50	Acute severe colitis, when and how to do a colectomy in this setting	Pär Myrelid
14.20	Pouch outcomes over time, are we getting any better?	Maria Hermanson
14.50	Pouch design, my way is the right way!	Myrelid, Ellebæk, Schultz
15.20	Coffee	
15.40	Rectal stump in IBD, when and how to remove and when to surveil	John Berghog
16.10	Multidisciplinary team (MDT) case discussion	Myrelid, Hermanson, Jahnsen, Catalan-Serra
17.00	Adjourn	

Friday January 23rd 09.00 – 14.00, Proctology

09.00	Perianal abscess	Yngve Thorsen
09.20	Anal fistula – an overview over initial and definitive management	Phil Tozer
09.50	Autologous fat transplantation in Crohn's perianal fistula	Lilli Lundby
10.20	Coffee	
10.40	Haemorrhoids and anal prolapse	Steven Brown
11.10	Perianal fissures	Julia Haarklou
11.30	Lunch	
12.20	Fecal incontinence, what every surgeon should know	Steven Brown
12.40	Constipation and ODS, a case for surgery at all?	Johannes Schultz
13.00	Case discussion	Tozer, Brown, Lundby, Schultz
14.00	Adjourn	

WELCOME!

Register with merete.helgeland@ahus.no

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