

## The fifth Nordic Memory Clinic Conference – NMCC – 22-23 October 2026, Oslo



Thursday 22 October 2026			
10.00-10.15	Welcome	Anne-Brita Knapskog, Karin Persson, Knut Engedal	Oslo University Hospital, University of Oslo, Ageing and Health
10.15-11.30	Session 1: The pre-dementia phase	Chair: Knut Engedal	
10.15-10.40	Pre-dementia diagnosis; How is it done today, and how should it be done in the future? When is the right time?	Gunhild Waldemar	University of Copenhagen, Rigshospitalet in Copenhagen
10.40-11.00	Patients' understanding of the diagnosis prodromal AD.	Susanne Kristiansen	Zealand University Hospital, Roskilde

11.00-11.30	Neuropsychological evidence of cognitive decline across the MCI continuum: traditional measures and prospects for earlier detection.	Timo Saarinen	University of Helsinki
11.30-12.00	Coffee break		
12.00-12.40	Non-pharmacological interventions. Experiences with two interventions: The Finger study and REACT MCI	Miia Kivipelto Susanne Hernes	Karolinska Institute University of Bergen, Sorlandet Hospital Trust
12.40-13.00	Possible causes of MCI not leading to dementia.	Peter Høgh	University of Copenhagen, Zealand University Hospital, Roskilde
13.00-15.00	Lunch and poster viewing		
15.00-16.00	Session 2: Alzheimer's disease	Chair: Anne-Brita Knapskog	Oslo University Hospital, University of Oslo
15.00-15.20	Accuracy of blood-based biomarkers and how they affect clinical management in clinical settings.	Sebastian Palmqvist	Lund University, Skåne University Hospital
15.20-15.45	Clinical and radiological AD subtypes – more than memory.	Gøril Rolfseng Grøntvedt	Norwegian University of Science and Technology, St. Olavs University Hospital
15.45-16.05	AD mimics – when clinical symptoms and biological findings mismatch.	Nenad Bogdanovic	Karolinska Institute
16.05-16.30	Coffee break		
16.30-18.00	Session 3: Non-AD disease	Chair: Hanna Maria Roitto	Tampere University
16.30-17.00	Vascular cognitive impairment- from MCI to dementia.	Hanna Jokinen	University of Helsinki
17.00-17.30	Atypical Parkinson diseases. How to diagnose, follow-up and treat.	Krisztina Kunzt	Akershus University Hospital

17.30-18.00	Frontotemporal dementia. Variants, mimics, and “by-proxy”.	Peter Bekkhus-Wetterberg	Oslo University Hospital
Friday 23 October 2026			
9.00-11.00	Session 4: Diagnosing dementia disorders in daily clinical practice	Chair: Helga Eyjólfsdóttir	University of Iceland
9.00-9.20	Understanding the family perspective when conducting caregiver interviews.	Anne Marie Rokstad	Ageing and Health
9.20-9.50	Diagnosing risk and risking diagnosis – on when and how to inform about what.	Bjørn Hoffman	University of Oslo
9.50-10.10	Assessment of people with minority backgrounds (CNTB).	Rune Nielsen	University of Copenhagen
10.10-10.30	Can digital diagnostic tools help? Demonstration at stage.	Hanneke Rhodius-Meester	Oslo University Hospital
10.30-10.50	Coffee break		
10.50-11.45	Let’s meet the multidisciplinary team 2-3 cases.	Ebba Gløersen Müller, Till Schellhorn, Karin Persson,	Oslo University Hospital
11.45-12.15	Updates from the Nordic dementia registries - Nordic collaboration to prepare for a new era in dementia treatment and care.	Representatives from the registries	
12.15-12.30	Closing remarks.		
12.30-13.30	Lunch		