

# The Fifth Nordic Memory Clinic Conference

Nationaltheatret Conference Centre, Oslo

Thursday 22 October

**09.15–10.00** Registration

**10.00–10.15 Welcome** — Anne-Brita Knapskog, Karin Persson, Knut Engedal (Oslo University Hospital, University of Oslo, Ageing and Health)

## Session 1 · The pre-dementia phase

*Chair: Knut Engedal (Ageing and Health)*

| Time        | Topic                                                                                                                               | Speaker                                                     |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| 10.15–10.40 | Pre-dementia diagnosis; how is it done today, and how should it be done in the future? When is the right time?                      | Gunhild Waldemar (University of Copenhagen, Rigshospitalet) |
| 10.40–11.00 | Patients' understanding of the diagnosis prodromal AD                                                                               | Susanne Kristiansen (Zealand University Hospital, Roskilde) |
| 11.00–11.30 | Neuropsychological evidence of cognitive decline across the MCI continuum: traditional measures and prospects for earlier detection | Timo Saarinen (University of Helsinki)                      |

**11.30–12.00** Coffee break

*Chair: Kristofer Lislørud Smebye (University of Oslo)*

| Time        | Topic                                                     | Speaker                                                                      |
|-------------|-----------------------------------------------------------|------------------------------------------------------------------------------|
| 12.00–12.20 | Non-pharmacological interventions I: the FINGER study     | Miia Kivipelto (Karolinska Institute)                                        |
| 12.20–12.40 | Non-pharmacological interventions II: the REACT MCI study | Susanne Hernes (University of Bergen, Sørlandet Hospital Trust)              |
| 12.40–13.00 | Possible causes of MCI not leading to dementia            | Peter Høgh (University of Copenhagen, Zealand University Hospital, Roskilde) |

**13.00–14.00** Lunch

**14.00–15.00** Poster viewing

## Session 2 · Alzheimer's disease

*Chair: Anne-Brita Knapskog (Oslo University Hospital, University of Oslo)*

| Time            | Topic                                                                                           | Speaker                                                          |
|-----------------|-------------------------------------------------------------------------------------------------|------------------------------------------------------------------|
| 15.00–<br>15.20 | Accuracy of blood-based biomarkers and how they affect clinical management in clinical settings | Sebastian Palmqvist (Lund University, Skåne University Hospital) |
| 15.20–<br>15.40 | Clinical and radiological AD subtypes – more than memory                                        | Karin Persson (Oslo University Hospital, Ageing and Health)      |
| 15.40–<br>16.00 | AD mimics – when clinical symptoms and biological findings mismatch                             | Nenad Bogdanovic (Karolinska University Hospital)                |

**16.00–16.30 Coffee break**

## Session 3 · Non-AD disease

*Chair: Hanna Maria Roitto (Tampere University)*

| Time            | Topic                                                             | Speaker                                                 |
|-----------------|-------------------------------------------------------------------|---------------------------------------------------------|
| 16.30–<br>17.00 | Vascular cognitive impairment – from MCI to dementia              | Hanna Jokinen (University of Helsinki)                  |
| 17.00–<br>17.30 | Atypical Parkinson diseases. How to diagnose, follow-up and treat | Krisztina Kunzt (Akershus University Hospital)          |
| 17.30–<br>18.00 | Assessment of people with minority backgrounds (CNTB)             | Rune Nielsen (University of Copenhagen, Rigshospitalet) |

**18.00–20.00 Reception with buffet**

## Session 4 · Diagnosing dementia disorders in daily clinical practice

*Chair: Helga Eyjólfsdóttir (University of Iceland)*

| Time        | Topic                                                                        | Speaker                                                          |
|-------------|------------------------------------------------------------------------------|------------------------------------------------------------------|
| 09.00–09.20 | Understanding the family perspective when conducting caregiver interviews    | Anne Marie Rokstad (Ageing and Health, Molde University College) |
| 09.20–09.50 | Diagnosing risk and risking diagnosis – on when and how to inform about what | Bjørn Hofmann (University of Oslo)                               |
| 09.50–10.10 | Frontotemporal dementia. Variants, mimics, and "by-proxy"                    | Peter Bekkhus-Wetterberg (Oslo University Hospital)              |
| 10.10–10.30 | How can digital diagnostic tools help in dementia workup?                    | Hanneke Rhodius-Meester (Oslo University Hospital)               |

### 10.30–10.50 Coffee break

## Session 5 · Interdisciplinary collaboration

*Chair: Trine Holt Edwin (Oslo University Hospital, University of Oslo)*

| Time        | Topic                                                                                                                      | Speaker                                                                         |
|-------------|----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| 10.50–11.45 | Let's meet the multidisciplinary team – 2–3 cases                                                                          | Ebba Gløersen Müller, Till Schellhorn, Karin Persson (Oslo University Hospital) |
| 11.45–12.15 | Updates from the Nordic dementia registries – Nordic collaboration to prepare for a new era in dementia treatment and care | Karin Persson, NorCog<br>Dorota Religa, SweDem<br>Helga Eyjólfsdóttir, IceDem   |
| 12.15–12.30 | Closing remarks                                                                                                            | Anne-Brita Knapskog (Oslo University Hospital, University of Oslo)              |

### 12.30–13.30 Lunch